



Veterans on Campus Workshop

Presented by the Veterans' Resource Center

Learn how to help our student veterans thrive on campus by attending an eye-opening day-long workshop for CMU faculty, staff and first responders.

Date: Friday, March 15, 2013
Time: 8 a.m. to 4:30 p.m.
Location: Grawn 100

Featured speaker –

**Alison Lighthall on
“Veterans in Transition”**



Alison Lighthall served as a CPT in the Army Nurse Corps from 2004 to 2007. As President of HAND2HAND CONTACT, she provides training nationwide to law enforcement, educators, and clinicians regarding the psycho-social issues veterans often face. She received her BSN from Eastern Michigan University and her master's in psychiatric nursing from the University of Illinois-Chicago. She is editor for the *American Institute of Stress' Combat Trauma Newsletter*, and recently earned the NEA's 2012 Art of Teaching Prize for her article, "10 Things You Should Know About Today's Student Veteran." Her most recent article, "10 Actions for Responding to a Veteran in Crisis" was published January 2013 in *Police Magazine* and has received high praise from law enforcement officers across the country.

Agenda

8 a.m.	Check-in
8:15 a.m.	Veterans' Resource Center Overview
8:30 a.m.-noon	Alison Lighthall "Veterans in Transition"

Lunch will be provided at noon

12:30–1 p.m.	Discussions with Alison Lighthall
1:30 to 3 p.m.	"The Welcome" a powerful documentary that offers a fiercely intimate view of life after war: the fear, anger and isolation of post-traumatic stress that affects veterans and their families.
3 to 4 p.m.	Veterans Panel Discussion – a chance to share a dialog with veterans on the transition from service to scholar.
4 to 4:30 p.m.	Conclusion

Seating is limited.

Please RSVP by March 13, 2013
to Steve Rellinger at 989-774-1031
or relli1sa@cmich.edu

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Make time in your schedule to learn how you can support this vital and growing population – **our CMU student veterans.**